KROCKSINTHEKITCHEN.COM

GROCERY LIST - 01.03.2021

PANTRY:

- Canned Beans (Black, Kidney, Pinto, Garbanzo)
- Cashews
- Rolled Oats
- Pickled Jalapeños
- Cumin
- Garlic Powder
- Onion Powder
- Parsley
- Mushroom Gravy

REFRIGERATED:

Almond Milk (plain)

FROZEN:

- Berries
- Mixed Veggies
- Corn
- Broccoli

FRESH FRUIT & VEGGIES:

- Bananas (GREEN!)
- Apples
- Strawberries
- Other Berries?
- Onions (Red, Yellow, White)
- Lettuce/Greens
 - Butter Lettuce
 - o Kale
 - Champs-Élysées Mix from Trader Joe's
- Bell Peppers (multi-color & green)
- Garlic
- Carrots
- Zucchini
- Mushrooms
- Butternut Squash
- Green Beans
- Limes
- Pomegranate